



bStable v1.0

Total Bipolar Disorder Life Management System

bStable is the first and only solution that helps manage every aspect of a patient's life affected by bipolar disorder.

At-a-Glance:

- 44 Out-of-the Box dynamically generated reports to track a patient's overall health
- Combination Report allows selected reports to be combined into a master report that can be distributed
- Crisis Planning Report allows for preventative crisis planning and preparation
- User Configurable Alerting allows tracking and notification around selected key indicators
- System-wide Search
- Expenses Tracking lets you track manic and non-manic expenses and import into Quicken™
- bStable Life Journal allows the capture of patient information via easy to answer forms
- Diet & Exercise trending can be maintained and reported
- Crisis Module helps you manage information related to a crisis event

Monitor overall patient health

bStable allows you to track key indicators around every aspect of a patient's health including: medication, sleep, moods, triggers, stressors, feelings, conflicts, activities, spending, diet and exercise. This information is easily searchable and brought forward for analysis purposes in the form of rich, graphical, and interactive reports. bStable provides user configurable settings out-of-the box that allow for patient centric customization.

The screenshot displays the bStable web application interface. At the top, there is a navigation menu with options: Setup, Expenses, Journal, Scheduler, Reports. Below this is a patient-specific navigation bar with tabs: Patient, Diagnosis, Physical Exams, Lab Tests, Legal Documents, Crisis Planning Information, Settings. The main content area is divided into several sections:

- Patient Info:** Name: Benjamin McGraw IV. Fields include First/Last (Benjamin McGraw IV), Employer (McGraw Systems LLC), Home Address (89 Surfer Lane, Capitola, CA 95010), Personal Email (mcgraw@yahoo.com), Alternate Email (ben@mcgrawsystems.com), Date of Birth (1/28/1974), and Age (34).
- Additional Patient Info:** Includes Work Phone (831.443.5000), Work Alt (831.443.5442), Cell Phone (831.121.3333), Home (831.555.1212), IM (bigbenny@aim), Fax (831.776.6542), Pager (831.435.9889), and Web URL (www.mcgrawsystems.com). A small profile picture is also visible.
- Doctors:** A table listing medical professionals:

First Name	Last Name	Work Phone	Email	IM	Type
Tasha	Brandt	(207) 453-1653	Dr.T@doc.com	Dr.T@aim.com	Primary Care
Robert	Meyer	(978) 387-2220	Dr.M@doc.com	Dr.M@aim.com	Psychiatrist
Mile	Lucero	(310) 662-6999	Dr.J@doc.com	Dr.J@aim.com	Psychologist
Camie	Schroeder	(831) 121-8969	Dr.S@doc.com	Dr.S@aim.com	Specialist
Brianna	Dhanoya	(416) 343-4321	Dr.D@doc.com	Dr.D@aim.com	Specialist
Joel	Wood	(617) 879-4321	Dr.W@doc.com	Dr.W@aim.com	Psychologist

At the bottom of the interface, there is a timestamp: 8/16/2008 7:13:46 PM Ben McGraw, and a button labeled "Create Crisis Plan Report".

Adolescents and children

If you have a child that you suspect of having bipolar disorder, bStable tracks 12 key indicators around adolescent and child behavior that can be symptoms of bipolar disorder. Reports can be combined in the Combination Report and sent to loved ones, psychiatrists, or psychologists on an as needed basis.

Minimum Requirements

Mac OS X 10.4.8

- PowerPC G3, G4, G5 or Intel-based Mac
- 256 MB of RAM
- CD-ROM drive

Mac OS X 10.5

- PowerPC G4 (867MHz+), Power PC G5, or Intel-based Mac
- 512 MB of RAM
- CD-ROM drive

Windows XP Professional, Home Edition (Service Pack 2)

- Pentium III 500MHz or higher
- 256MB of RAM
- CD-ROM drive
- SVGA (800 x 600) or higher resolution video adapter and display

Windows Vista Ultimate, Business, Home

- 800 MHz 32-bit (x86) or higher
- 512 MB of RAM
- SVGA (800x600) or higher resolution video adapter and display
- CD-ROM drive

About McGraw Systems LLC

McGraw Systems LLC was formed in 2008 to provide information technology solutions to assist those struggling with mental health illnesses.

To order bStable, go to: www.mcgrawsystems.com

Rich, Graphical, Interactive Reports!

Specify a date range and one of 5 chart types including: Area two-dimensional, Bar three-dimensional, Column two-dimensional, Column three-Dimensional, Line two-dimensional and then have patient data displayed interactively on the fly!



Crisis and Expense Planning Made Easy

bStable takes key information related to the patient and can make it available to preemptively address a crisis situation.